

TWO HOUSES OF CONGRESS:

U.S. House of Representatives

435 voting Members of Congress (MOCs) apportioned by population (Delegates and Commissioners Participate But Do Not Vote.)

2 - Year Terms

Rules – Majority will always prevail!





TWO HOUSES OF CONGRESS:

U.S. Senate

Two per each of 50 States = 100

6 Year Terms

Rules - Deference to minority.

Filibuster.





CONGRESSIONAL OFFICE STRUCTURE

Senator/Representative



Chief of Staff/Administrative Assistant (AA)*



Legislative Director (LD)*



Legislative Assistants (LA)*



District Director



District Staff

(Case workers; Field Reps; Scheduler)



Legislative Correspondent(s) (LC)



Staff Assistant(s)



WHY ADVOCATE?



WHY ADVOCATE?

- Duty as a U.S. citizen, but especially as an advocate for your people
- Congress won't know what issues are important to you if you don't tell them!
- Most Members of Congress want to help you



WHY ADVOCATE?

 Federal Pie is getting smaller and smaller. More voices trying to be heard on the same things

K-12 education 1% -

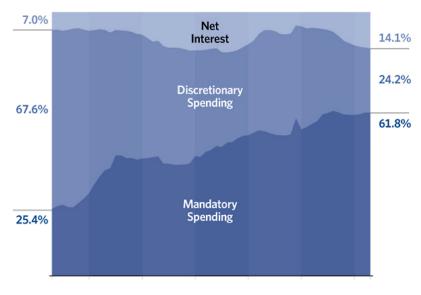
45% **19**% **19**% 6% Major entitlements National Income Net defense security, interest Veterans Medicare, Social benefits Medicaid, other Security: health care: 23% 22% STATE OF THE PROPERTY OF THE P Transportation 3% -

Where Did Your Tax Dollar Go?

FIGURES FOR 2012

As Entitlements Grow, the Discretionary Share of the Budget Falls to Less Than One-Quarter

SHARE OF TOTAL OUTLAYS



WHERE CAN YOU ADVOCATE? Pillars of Advocacy



Legislative

Political

Regulatory

WHO SHOULD YOU BE TALKING TO?



YOUR OWN SENATORS AND REPRESENTATIVES

- You should always establish a good relationship with your own Senators and Representatives
 - Invite them to events you have including council meetings; cultural events; facility tours
 - Make sure you know the district staff in your area.
 - Call local office to set up meetings
- Visit <u>www.senate.gov</u> or <u>www.house.gov</u> to find your representatives
- It is recommended to know all representatives from your state – especially if they are on the relevant committees

SDPI SITE VISITS

- Site visits for SDPI have been successful in creating advocates for the renewal of the program
- Visit NIHB website for site visit tool kit for your SDPI program
- Helps to create a lasting impression of the positive things going on in your community
 - Congressman can go from ally to advocate
- Doesn't have to be SDPI can be anything!



WHAT SHOULD YOU BE SAYING?



TEN RULES FOR SPEAKING WITH CONGRESS

- 1. <u>Arrive on time</u>: Too early or too late could leave a bad impression
- 2. <u>Arrive with some knowledge of the Member</u>: What Committees are they on? How long in Congress? How close was their last election?
- 3. <u>Introduce yourself</u>: Who are you and why you are important. Brag a little about cool things your Tribe/ health facility is doing at home.
- 4. <u>Leave personal Politics at home</u>: This should go without saying.
- 5. Get to the point: Don't spend a lot of time beating around the bush. Your overview and ask should be no more than 3 minutes
 - 1. Be prepared to answer questions
 - 2. Offer your assistance to provide more information or to talk further
 - Never come empty handed bring some information to leave behind

TEN RULES FOR SPEAKING WITH CONGRESS

- 6. Assume the staffer/ Member doesn't know anything about Al/ANs: Make sure to explain why you are not an "Entitlement" and why federal trust responsibility is critical.
- 7. <u>Make it personal</u>: Make sure to emphasize why this "ask" should matter at home. Will people lose services? Will there be jobs lost? What will happen to the community?
- 8. Who in Congress is also working on this issue: Is it bi-partisan? Who can they contact if they want more information?
- 9. Always Follow-up with Thank You email.
- 10. <u>Tell NIHB!</u>: Contact Caitrin McCarron Shuy <u>cshuy@nihb.org</u> or (202) 507-4085.

WRITE!

- If you can't get a meeting with a Congressional Office at home or in the district write a letter from your Tribe
- Email is the best way Find out who handles the issue at the staff level and send directly.
- Organize a letter-writing campaign
- Pass a Tribal Resolution

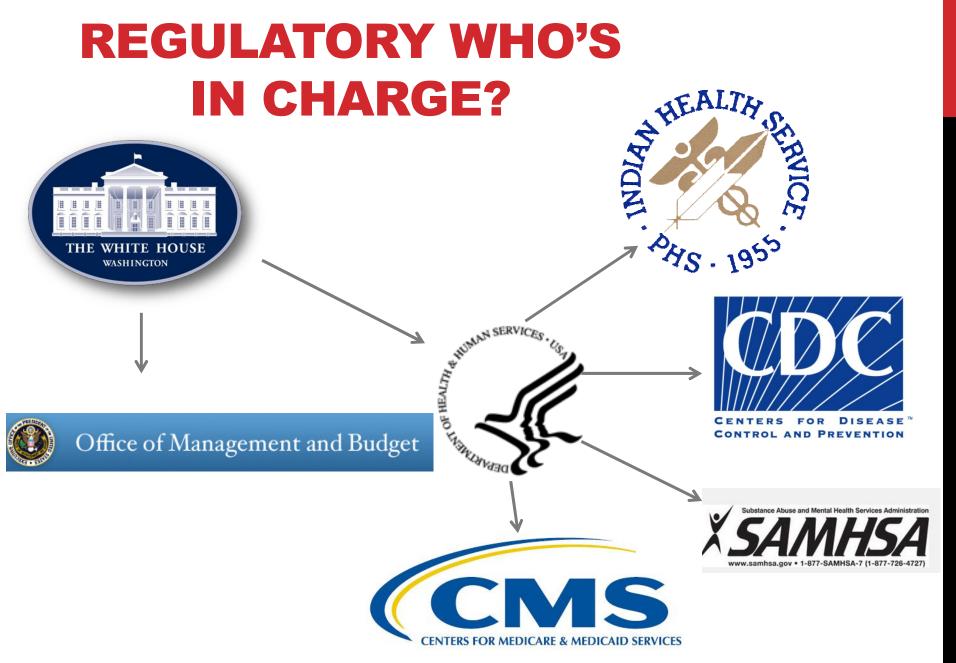


WHAT ABOUT THE ADMINISTRATION?



REGULATORY BUREAUCRACY





REGULATIONS, REGULATIONS, REGULATIONS....





 20,000 pages of ACArelated regulations courtesy of the Office of Senator Mitch McConnell (R-KY).

TRIBAL CONSULTATION

- Key opportunity to have your voice heard in the Administration
- Use the opportunity to talk about key concerns with government officials.



CONCLUSION

- It is critical to talk to Congress in order to get things done
- If you know the system, you can make it work to your advantage
- Always work with others if possible.
- Work all angles executive and legislative
- Questions?
 - Caitrin McCarron Shuy
 Director of Congressional Relations, NIHB
 - cshuy@nihb.org
 - (202) 507-4085 (office)
 - (202) 374-9966 (cell)

